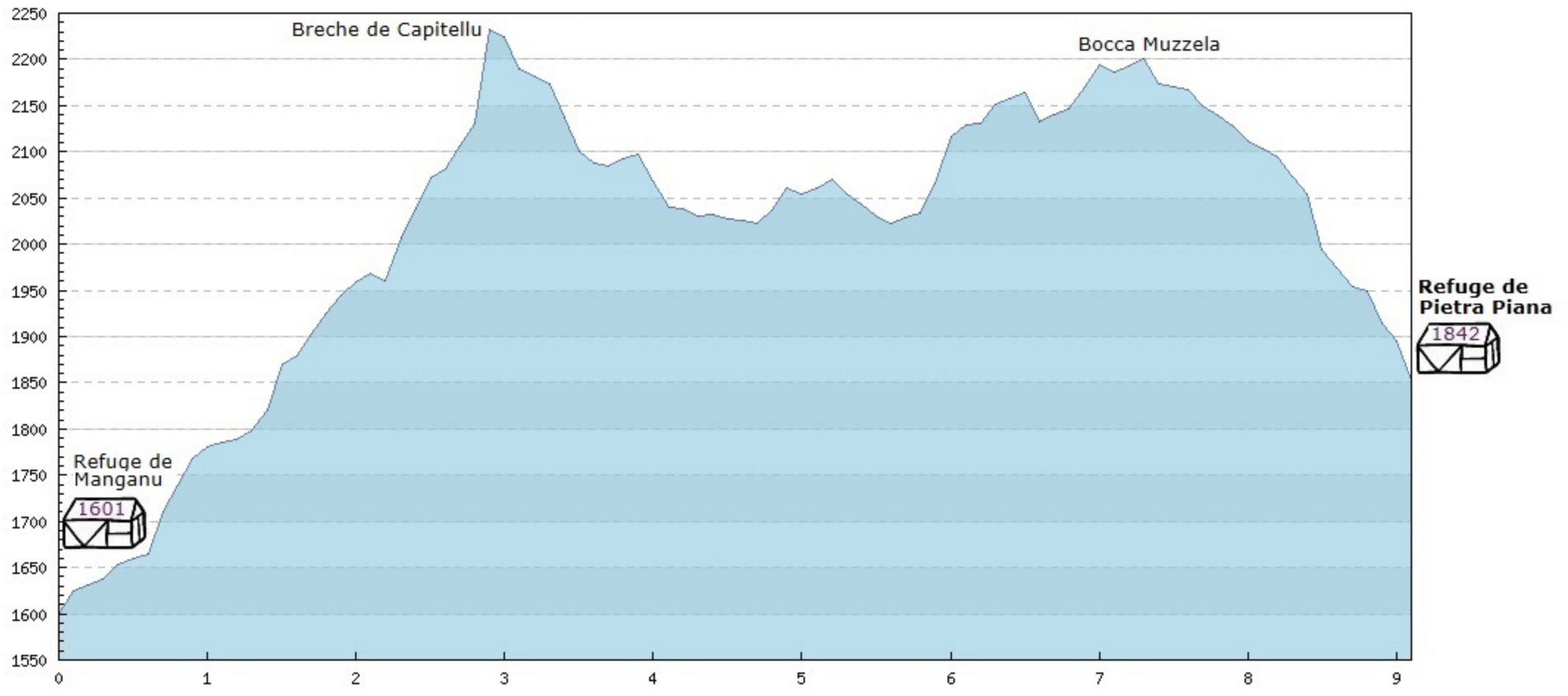
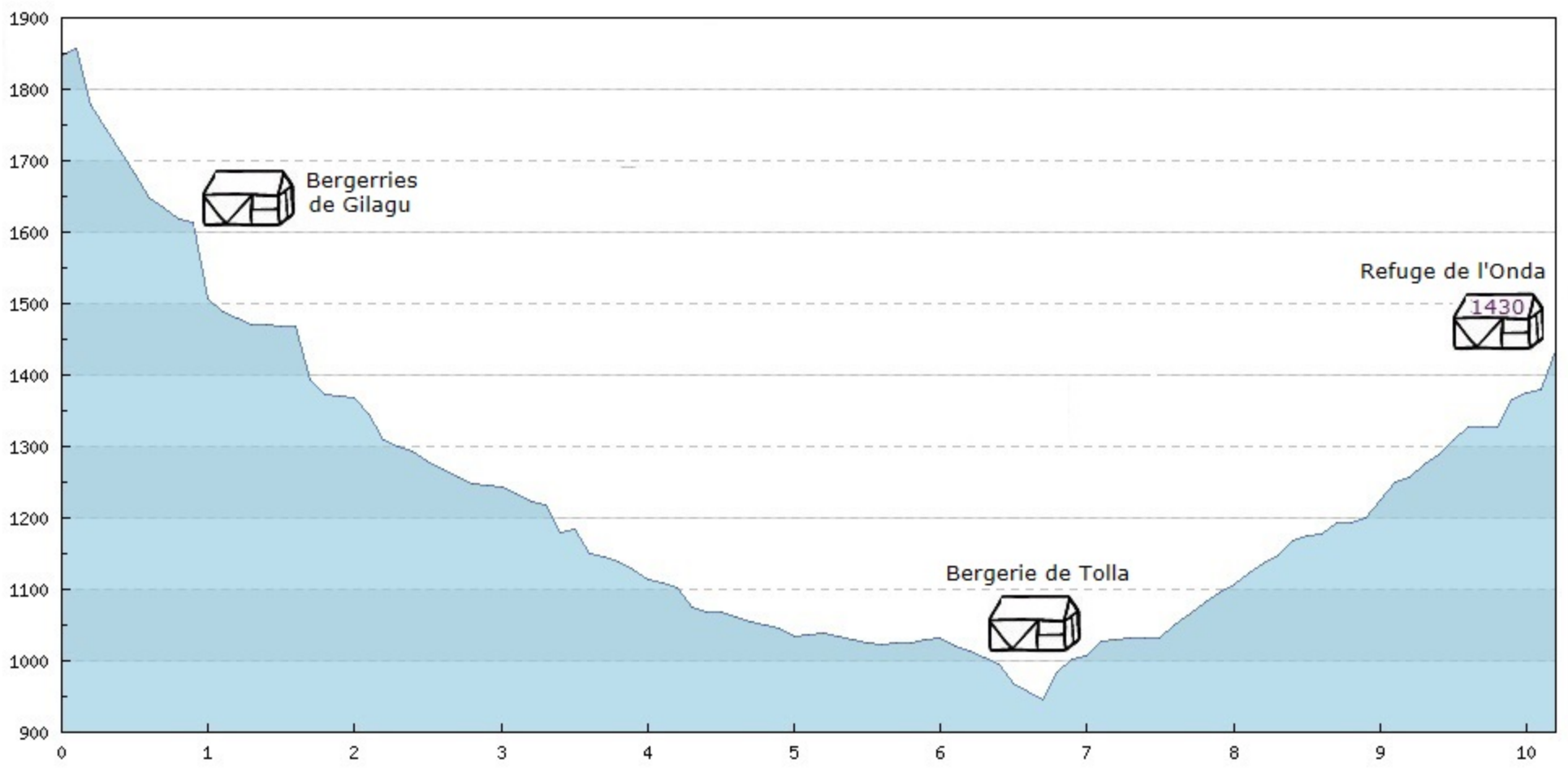


Refuge de Manganu to Refuge de Petra Piana = 830 m = 589 m = 7h00



Refuge de Petra Piana to Refuge de l'Onda = 490 m = 902 m = 4h30



Refuge de l'Onda to Vizzavona = 711 m = 1221 m = 6h30

